

SURVIVING THE COLD THIS WINTER

from One Hour Heating & Air Conditioning



ONE HOUR
HEATING & AIR CONDITIONING[®]
Always On Time...Or You Don't Pay A Dime![®]



WE LOVE WINTER!

As cooler temperatures and snow in some regions of the country take over outdoors, there are few things better than coming back inside to a cozy, warm home to enjoy hot cocoa or tea, and even sitting by the fireplace if you have one.

We want to make sure you can stay comfortable all winter long. That's why we've pulled together some tips so you can enjoy the season, no matter how cold it gets outside.

10 SIMPLE TIPS TO KEEP YOUR HOME WARM

At **One Hour Heating & Air Conditioning**, our comfort specialists are here to help ensure that you're not left in the cold this winter. Our team can perform heating system repair, replacement, and maintenance in your home when you need us.

Reverse Your Ceiling Fan

When the blades move in the opposite direction, the fan will actually push warm air down into the room. Most fans have a direction switch right on them.

Let Your Shower do Some Work

If you can, leave the bathroom door open when you shower. This will allow the steam from the shower to circulate through the house and warm it up.

Let the Sun In

Be sure to open your curtains and blinds during the day to let the sunlight warm your home.

Switch Out Your Curtains

Using heavier drapes in the winter keeps the warm air in.

Bring Out Rugs

Layout an area rug in any area in your home with a hard wood surface. It'll be much more comfortable on your bare feet.

Stock Up on Warm Blankets

Drape blankets over each sofa in your home. Not only will this give your home a cozier look, but the blankets will be ready for some time curled up on the couch.

Rearrange Your Furniture

Move your furniture around so that you sit near interior walls instead of exterior ones. This will help keep you warmer, while also creating a more intimate space.

Keep More Blankets Handy

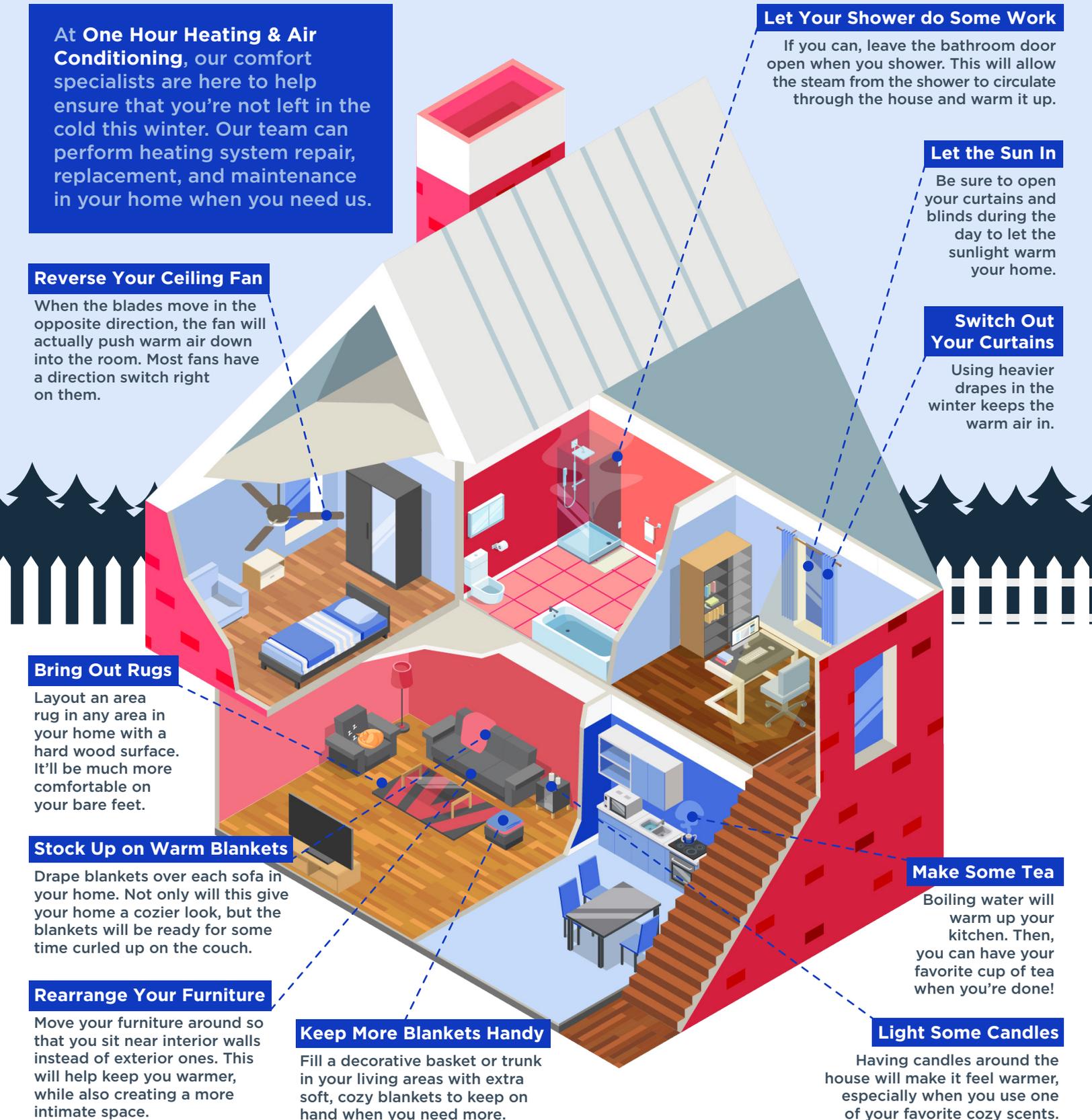
Fill a decorative basket or trunk in your living areas with extra soft, cozy blankets to keep on hand when you need more.

Make Some Tea

Boiling water will warm up your kitchen. Then, you can have your favorite cup of tea when you're done!

Light Some Candles

Having candles around the house will make it feel warmer, especially when you use one of your favorite cozy scents.



TAKE THE CHILL OFF HIGH UTILITY BILLS

When the cold temperatures take over outside, there are easy things you can do to save money with the biggest energy user in your home.

According to the [Department of Energy](#), heating and cooling your home accounts for about 48% of your utility bill.

Your HVAC systems use more energy than any other system in your home. You can help beat the chill this season with these top five ways to save from One Hour Heating & Air Conditioning:

1 DRAFTS

Find them and fix them. A tube of caulk is cheaper than extra use on your utility bill. Clean outdoor surfaces and caulk from the outside if possible.



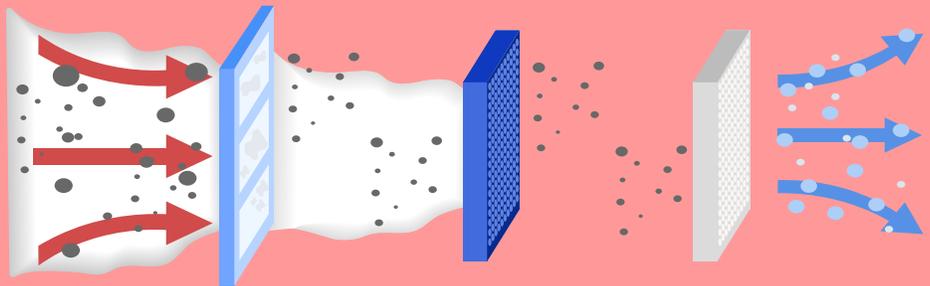
2 PROGRAMMABLE THERMOSTAT

Now is a good time to consider a programmable thermostat. These can be programmed to lower the temperature when you're not home and when you are sleeping. Some smart thermostats can even learn when you are not home and adjust the temperature.



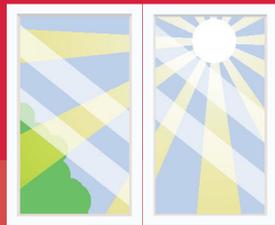
3 CHANGE FILTERS

A dirty or clogged filter makes your HVAC system work harder and makes it less efficient. Change filters every month or as required by your system's manufacturer.



4 LET THE SUNSHINE IN

Keep your curtains or window coverings open during the day to let the sun help warm your home. Keep draperies and curtains closed at night to keep the chill away.



5 FURNACE TUNE-UP

With the exception of replacing your air filters, there are no consumer serviceable elements of your heating system. A professional tune-up can help keep your HVAC system safe, working at peak performance, and extend the useful product life.



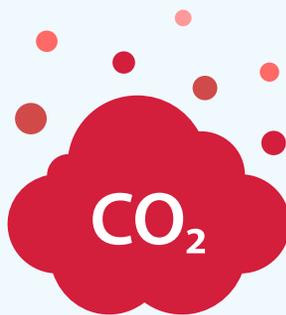
For more on saving energy with your HVAC system contact your local [One Hour Heating & Air Conditioning](#).

IS YOUR HEATING SYSTEM MAKING YOU ILL?

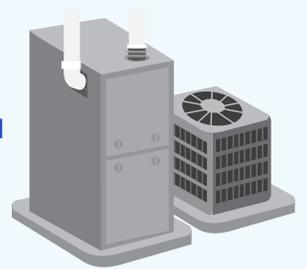
Most Americans rely on their heating system to stay safe and comfortable. The harsh winters that hit much of the United States would not be tolerable without furnaces, boilers, and heat pumps to keep us warm. Because these systems are so important to home comfort, it's critical to understand the impacts that heating systems could have on your health when not used properly or efficiently.

CARBON MONOXIDE LEAKS

Carbon monoxide is a colorless, odorless, tasteless gas that is produced anytime fuel is consumed, and it can be deadly to humans and pets.



One of the best ways to prevent carbon monoxide leaks is to have your HVAC system inspected and maintained every year. Small problems can be found and repaired before they grow into major problems that could result in gas leaks.



DUST AND ALLERGENS

When you close up your home for winter and run your heating system, you may be at risk of circulating dust and other allergens throughout the air you and your family are breathing everyday.



If you want to be healthier and more comfortable in your home, it's a good idea to start by improving your indoor air quality.

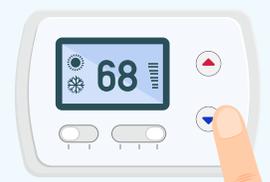


IMMUNE SYSTEMS

Some studies have found that keeping your home warm during the winter months may actually affect the body's natural immune system, as we are programmed to have our immune systems raised when we are in cooler temperatures.



The benefits we receive from living in comfortable indoor environments year-round surely outweigh any consequences. However, this knowledge could be a good excuse to turn the thermostat down a few notches.



To schedule an evaluation of your heat and air conditioning system, contact an HVAC expert at [One Hour Heating & Air Conditioning](#) today.

HEATING SYSTEM REPAIR, REPLACEMENT & MAINTENANCE

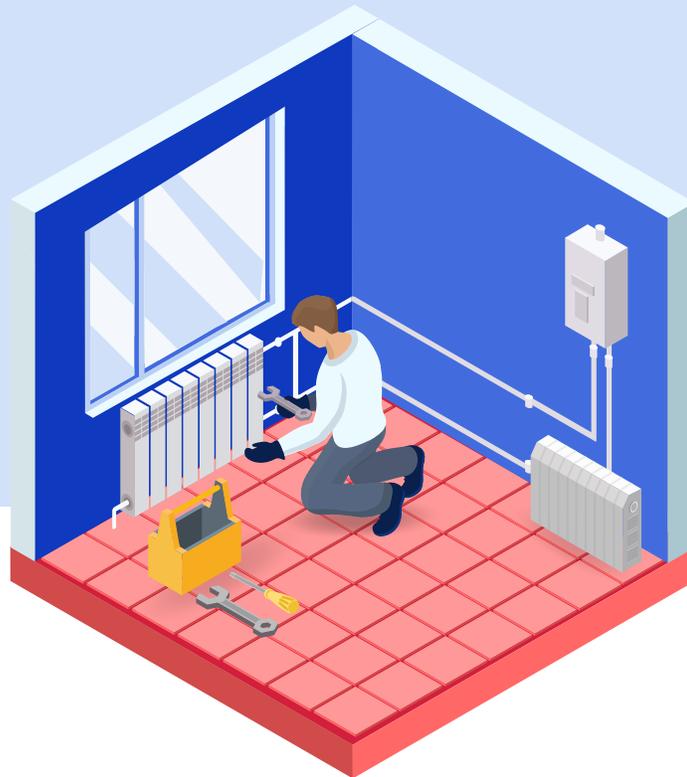
At One Hour Heating & Air Conditioning, we know how important it is to have a heating system that you can rely on. Heating systems should work efficiently, reliably, and powerfully as possible to keep you comfy and keep your bills low. We're ready to tackle any type of heating system need you have, whether you need service on a furnace, boiler, heat pump, or geothermal heater.

HEATING SYSTEM MAINTENANCE

No one can expect a neglected heating system to last. However, a properly maintained heating system uses less energy, lasts for years, and saves money by avoiding costly breakdowns. Additionally, regular heater maintenance ensures that your systems are operating safely.

HEATING SYSTEM INSTALLATION

When you need a new heating system, you need to make sure that you're finding the perfect one for your home. There is no one-size-fits-all solution for every home's heating needs, so you should get the help of the heater installation pros from One Hour Heating & Air Conditioning.



HEATING SYSTEM REPAIR

If you suspect that your heater needs repairing, it's best to address it before the problem worsens. One Hour Heating & Air Conditioning is ready to come to your home quickly, diagnose the problem, and offer an honest and lasting solution.

Our business has teams of HVAC service professionals around the country. Each of our locations are independently owned and operated, so you can be sure that your heating service experience will be a local expert backed by the resources of a national brand. With well-stocked vans, ongoing training, and a 100% customer service guarantee, there's nothing to lose by calling us as soon as possible.

Visit the heating system installation, repair, and maintenance experts from [One Hour Heating & Air Conditioning](#) today!